

Fun Dip for Fruit



Want to add some pizzazz to your fruit?
If so, here are some different fruit dip recipes for you to try.

Fruit ideas to dip: Apples, Banana, Grapes, Pineapple, Strawberries, Mango

Easy Fruit Dip

Ingredients

1 jar of marshmallow fluff
1 eight ounce package cream cheese (softened)
1 cup vanilla yogurt
Splash of Maraschino Cherry juice

Directions

Place all the ingredients in a bowl and blend with a hand mixer until smooth. Serve with fresh fruit and enjoy!

Chocolate Hummus

Ingredients

1 (15 ounce) can chickpeas (garbanzo beans), rinsed and drained
½ cup unsweetened dark cocoa powder
½ cup white sugar
3 tablespoons olive oil
3 tablespoons creamy natural peanut butter
1 teaspoon vanilla extract
½ teaspoon salt
3 tablespoons water, or more if needed

Directions

Combine chickpeas, cocoa powder, sugar, olive oil, peanut butter, vanilla extract, and salt in a food processor; blend, scraping down sides as needed, until smooth. Begin adding water while processor is running and blend until desired consistency is reached.

Lemon Poppy-Seed Fruit Dip

Ingredients

1 (8 ounce) container sour cream
3 tablespoons frozen lemonade concentrate, thawed
2 teaspoons poppy seeds
1 pinch salt
1 slice lemon

Directions

Combine sour cream, lemonade concentrate, poppy seeds, and salt in a bowl; mix to combine. Garnish with lemon slice.

Pumpkin Dip

Ingredients

1 (29 ounce) can pumpkin puree
1 (5.1 ounce) package instant vanilla pudding mix
1 teaspoon ground cinnamon
 $\frac{1}{8}$ teaspoon ground nutmeg
 $\frac{1}{8}$ teaspoon ground allspice
 $\frac{1}{8}$ teaspoon ground ginger
1 (8 ounce) container frozen whipped topping (such as Cool Whip®), thawed

Directions

Mix pumpkin puree, vanilla pudding mix, cinnamon, nutmeg, allspice, and ginger together in a bowl. Fold in whipped topping until well blended.

